Swimming Lesson Risk Assessment

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| Name of Club: | Carlton Forum Swimming Club | | | | |
| Date risk assessment carried out: | 6.9.20 | Person: | Linda Macdonald | Review date: | 31.12.20 |

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| Risk Assessment | | | | | |
| Hazard | Risk | Likelihood | Severity | Risk Rating  (low-emergency) | Measures to minimise risk |
| Spread of Covid-19 Coronavirus |  |  |  |  |  |
| General | * Swimmers * Parents * Guardians * Coaches * Volunteers | Not Applicable | Will be operating in conjunction with Risk Assessment 1313RA dated 20.7.20 of Gedling Borough Council including future versions. |  |  |
| Carpark | * Athletes * Parents * Guardians * Coaches * Volunteers | High | * Information to members on social distancing designated car parking signage and controls at facility. | Medium | Club Committee and Facility Operator |
| Facility entrance and reception area | * Athletes * Coaches * Volunteers * Parents | High | * Social distancing-via separate entry. * No access to main building * Information given to parents. | Medium | Club Committee and Facility Operator |
| Changing rooms | * Athletes * Coaches * Volunteers | High | * No use changing rooms. * Athletes to arrive in costume ready to swim. | Low | Club Committee and Facility Operator |

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| Health Declaration | * Athletes * Coaches * Volunteers | High | * Completion of health declaration before training session. | Medium | Lead Coaches/Covid-19 Officer |
| Someone becomes unwell during session | * Athletes * Coaches * Volunteers | Low | * Contact parent guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility. | Low | Covid-19 Officer  Facility officer / Lifeguard (depending on hire agreements) |
| Poolside | * Athletes * Coaches * Volunteers | High | * Social distancing protocols to be followed at all times * Chairs to be used for Parent/carer to remain poolside * Covid Liaison in place to enforce Social distancing * Minimum poolside occupancy | Medium | Lead Coach and Duty Manger or other suitable member of staff |
| During activity | * Athletes | High | * Appropriate training to achieve social distancing protocols. * Any equipment to be cleaned before and after the lesson by submerging in the pool. | Medium | Lead Coaches/ Covid Liaison Officer |
| Hygiene measures | * Athletes * Coaches * Volunteers | High | * Covid-19 Rules communicated to all members in advance. * Hand sanitising on entry and exit * Individually allocated chairs for kit * Chairs to be cleaned between sessions * Control only 1 person at any time to visit WC and hand sanitise on return. | Medium | Club Committee/Covid-19 Officer |

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| Equipment | * Athletes | High | * Any communal equipment used will be cleaned before and after session * Recommendation of cleaning protocols after each training session to be circulated. | Medium | Club Committee |
| Exit | * Athletes * Coaches * Volunteers * Parents | High | * One way system in place. Athlete to leave facility As soon as possible maintaining of social distancing rules at all times. * Hand Sanitiser on exit. | Medium | Lead Coaches, Facility Operator |