Swimming Lesson Risk Assessment

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| Name of Club: | Carlton Forum Swimming Club |
| Date risk assessment carried out: | 6.9.20 | Person: | Linda Macdonald | Review date: | 31.12.20 |

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| Risk Assessment |
| Hazard | Risk | Likelihood  | Severity  | Risk Rating(low-emergency) | Measures to minimise risk |
| Spread of Covid-19 Coronavirus |  |  |  |  |  |
| General | * Swimmers
* Parents
* Guardians
* Coaches
* Volunteers
 | Not Applicable | Will be operating in conjunction with Risk Assessment 1313RA dated 20.7.20 of Gedling Borough Council including future versions. |  |  |
| Carpark | * Athletes
* Parents
* Guardians
* Coaches
* Volunteers
 | High | * Information to members on social distancing designated car parking signage and controls at facility.
 | Medium | Club Committee and Facility Operator |
| Facility entrance and reception area | * Athletes
* Coaches
* Volunteers
* Parents
 | High | * Social distancing-via separate entry.
* No access to main building
* Information given to parents.
 | Medium | Club Committee and Facility Operator |
| Changing rooms | * Athletes
* Coaches
* Volunteers
 | High | * No use changing rooms.
* Athletes to arrive in costume ready to swim.
 | Low | Club Committee and Facility Operator |

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| Health Declaration | * Athletes
* Coaches
* Volunteers
 | High | * Completion of health declaration before training session.
 | Medium | Lead Coaches/Covid-19 Officer |
| Someone becomes unwell during session | * Athletes
* Coaches
* Volunteers
 | Low | * Contact parent guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility.
 | Low | Covid-19 OfficerFacility officer / Lifeguard (depending on hire agreements)  |
| Poolside | * Athletes
* Coaches
* Volunteers
 | High | * Social distancing protocols to be followed at all times
* Chairs to be used for Parent/carer to remain poolside
* Covid Liaison in place to enforce Social distancing
* Minimum poolside occupancy
 | Medium | Lead Coach and Duty Manger or other suitable member of staff |
| During activity | * Athletes
 | High | * Appropriate training to achieve social distancing protocols.
* Any equipment to be cleaned before and after the lesson by submerging in the pool.
 | Medium | Lead Coaches/ Covid Liaison Officer |
| Hygiene measures | * Athletes
* Coaches
* Volunteers
 | High | * Covid-19 Rules communicated to all members in advance.
* Hand sanitising on entry and exit
* Individually allocated chairs for kit
* Chairs to be cleaned between sessions
* Control only 1 person at any time to visit WC and hand sanitise on return.
 | Medium | Club Committee/Covid-19 Officer |

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| Equipment | * Athletes
 | High | * Any communal equipment used will be cleaned before and after session
* Recommendation of cleaning protocols after each training session to be circulated.
 | Medium | Club Committee |
| Exit | * Athletes
* Coaches
* Volunteers
* Parents
 | High | * One way system in place. Athlete to leave facility As soon as possible maintaining of social distancing rules at all times.
* Hand Sanitiser on exit.
 | Medium | Lead Coaches, Facility Operator |