



# Calverton & Bingham Swimming Club

*Proudly present their*

## ***April Fool's Masters Open Meet***

*Under ASA Laws & Regulations and FINA Technical Rules of Swimming*

**Sunday 1<sup>st</sup> April 2012**

Swimming meet staged at the  
**Hucknall Leisure Centre, Nottingham**  
**Linby Road, NG15 7TX**  
(near to Junction 27 of the M1)

*Including Age Group 18-24*

### EVENTS

50m & 100m all strokes plus 100m IM  
200m Freestyle  
4x50m Freestyle & Medley Relays (72+ / 120+ / 160+ / 200+)

**Full range of age groups for individual events in 5 year bands from 18-24**

Ages as on 31/12/12

*All events HDW*

6 Lane Deck level Pool, ample Spectator facilities  
Electronic Timing  
Results sent for GB Rankings & Decathlon  
Prizes for top three Male / Female in each age group  
Prize for top team in each relay category

Entry Fees:-

50m / 100m / 200m Events £3.00  
Relays £5.00

*Entry forms available from:-*

**Helen Trinick,  
25 Parkcroft Road,  
West Bridgford, Nottingham,  
NG2 6FN**

Closing Date 1<sup>st</sup> March 2012

All entries on a "first come first serve" basis to a maximum capacity.

**[www.cabsc.co.uk](http://www.cabsc.co.uk)**

# Calverton & Bingham Swimming Club

## Programme of Events

Session 1 - 9am warm up for 10am start	Session 2 - TBC
1. MENS 200m FREESTYLE	13. WOMENS 200m FREESTYLE
2. WOMENS 4x25m I.M	14. MENS 4x25m I.M
3. MENS 50m BREASTSTROKE	15. WOMENS 50m BREASTSTROKE
4. WOMENS 50m BACKSTROKE	16. MENS 50m BACKSTROKE
5. MENS 100m BUTTERFLY	17. WOMENS 100m BUTTERFLY
6. WOMENS 100m FREESTYLE	18. MENS 100m FREESTYLE
7. MENS 50m FREESTYLE	19. WOMENS 50m FREESTYLE
8. WOMENS 50m BUTTERFLY	20. MENS 50m BUTTERFLY
9. MENS 100m BACKSTROKE	21. WOMENS 100m BACKSTROKE
10. WOMENS 100m BREASTSTROKE	22. MENS 100m BREASTSTROKE
11. MENS 4x50m MEDLEY RELAY	23. WOMENS 4x50m MEDLEY RELAY
12. WOMENS 4x50m FREESTYLE RELAY	24. MENS 4x50m FREESTYLE RELAY

## CONDITIONS

Meet to be held under ASA Laws & Regulations and FINA Technical Rules of Swimming.

Ages as of 31/12/12 & age groups for individual events will be: 18-24, 25-29 and then 5 year age groups as necessary.

A competitor may compete in the name of one club only.

The one start rule will apply and over the top starts will be used where possible.

No restrictions on number of swims entered by each individual.

Relay - Swimmers may swim in only one team in any relay event. 18-24 year olds may only swim in the 72+.

Relay events: 11, 12, 23 & 24 combined ages will be:- 72+ / 120+ / 160+ / 200+.

A prize will be made to the top 3 male & female swimmers achieving the most points in each age group

All entries will be accepted on a first come first serve basis & restrictions on numbers will be applied if required.

All entries must be on the official entry form and the form must be filled out in full, photocopies of the form are acceptable. Late entries may be accepted at the discretion of the promoter, however please note maximum numbers have been reached in previous years. The closing date for entries is the 1st March 2012.

Confirmation of entries will be by e-mail, unless no e-mail address is provided and an SAE is included.

**Please note that there is no cafe at Hucknall Leisure Centre, although hot drinks and some light refreshments will be available.**

Anything not covered in the above to be at the discretion of the promoter

# Calverton and Bingham Swimming Club

Sunday 1<sup>st</sup> April 2012 at Hucknall Leisure Centre, Nottingham  
**CABSC April Fool's Masters Open Meet**

*Under ASA Laws & Regulations and FINA Technical Rules of Swimming*

## Entry form

Photocopies of this form will be accepted

Event 2 & 14	Event 8 & 20	Event 5 & 17	Event 4 & 16	Event 9 & 21	Event 3 & 15	Event 10 & 22	Event 7 & 19	Event 6 & 18	Event 1 & 13
100m IM	50m Fly	100m Fly	50m Back	100m Back	50m Breast	100m Breast	50m Free	100m Free	200m Free

*Note:- Please enter a recent time for each of the events that you wish to enter. All accepted entries that have no time submitted, will be entered in the first heats of the event.*

NAME OF CLUB \_\_\_\_\_

ASA REGISTRATION NUMBER \_\_\_\_\_ (must be stated) DATE OF BIRTH \_\_\_\_\_

SURNAME \_\_\_\_\_ FORENAME \_\_\_\_\_ MALE / FEMALE

ADDRESS \_\_\_\_\_

POST CODE \_\_\_\_\_ TEL \_\_\_\_\_ Email \_\_\_\_\_  
(Will be used for confirmation of entry, see below\*)

I certify that the above details are correct and that I will abide by the promoters conditions.

Signed \_\_\_\_\_ Date \_\_\_\_\_

### Cheques payable to " CABSC "

x 50m Events @ £3.00 = £  
x 100m Events @ £3.00 = £  
x 200m Events @ £3.00 = £  
**Total enclosed = £**

### Completed forms and cheque to be sent to :-

Helen Trinick,  
25 Parkcroft Road  
West Bridgford,  
Nottingham,  
NG2 6FN.

**Closing Date:**  
**1<sup>st</sup> March 2012**

\*please include SAE for confirmation  
of entry if you do not have e-mail

# Calverton and Bingham Swimming Club

Sunday 1<sup>st</sup> April 2012 at Hucknall Leisure Centre, Nottingham

## CABSC April Fool's Masters Open Meet

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### Relay Entry Form

Name of Club \_\_\_\_\_

Event (number)	Number of teams Entered	Total age of Team	Total Cost
(11) Men's 4 x 50m Medley Relay	x £5.00	72+	£
	x £5.00	120+	£
	x £5.00	160+	£
	x £5.00	200+	£
(12) Women's 4 x 50m Freestyle Relay	x £5.00	72+	£
	x £5.00	120+	£
	x £5.00	160+	£
	x £5.00	200+	£
(23) Women's 4 x 50m Medley Relay	x £5.00	72+	£
	x £5.00	120+	£
	x £5.00	160+	£
	x £5.00	200+	£
(24) Men's 4 x 50m Freestyle Relay	x £5.00	72+	£
	x £5.00	120+	£
	x £5.00	160+	£
	x £5.00	200+	£

CONTACT NAME \_\_\_\_\_ TEL \_\_\_\_\_ Grand Total £ \_\_\_\_\_

*I certify that all the members of the team are eligible to compete and that they will abide by the promoters conditions. SIGNED* \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Completed forms and cheque to be sent to:-**

Helen Trinick,  
25 Parkcroft Road, West Bridgford,  
Nottingham, NG2 6FN

**Closing Date:  
1<sup>st</sup> March 2012**

**All Cheques to be made payable to CABSC**

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